

THE TREND

one last hurrah

You've completed your first trimester, and your doctor has cleared you for travel. What you really crave (yes, even more than pickles) is a "babymoon" that lets you and your partner relax and reconnect. Here, three easy getaways for any expecting couple—whether you're adventurers, romantics, or spa addicts.

BY JOANNA GODDARD

THE ADVENTURE REYKJAVÍK, ICELAND

STAY AT
Hótel Borg for art-deco luxury and incredible service. From \$270 a night, en.hotelborg.is.

SPA AT
Blue Lagoon (shown) in nearby Grindavík, for a maternity massage while you float in healing geothermal seawater. From \$91 for 30 minutes, blueagoon.com.

EAT AT
Sea Baron, a fish shack in the harbor. Try the famous lobster soup with crusty bread and *smjör* (Icelandic butter). 011-354-553-1500.

It'll be a good long time before you can take a transcontinental flight again without worrying about a crying, pooping baby in your lap. Just under six hours from New York City, Reykjavík is an otherworldly (yet easily navigable) land of glaciers, geysers, and Technicolor cottages.

WHY YOU'LL LOVE IT Reykjavík feels like a cross between a small village and a modern European city. Almost everyone speaks English, and the locals are so familiar that the phone book is alphabetical by first name. Spend the days whale-watching (visit.elding.is) and stocking up on hip souvenirs on the main drag, Laugavegur.

HOW TO GET THERE Icelandair has flights to Keflavík from Boston, Minneapolis-St. Paul, New York City, and Orlando, Florida. You won't need to rent a car—you can take the Flybus to your hotel (45 minutes), and Reykjavík itself has a great bus system.

my first school bag



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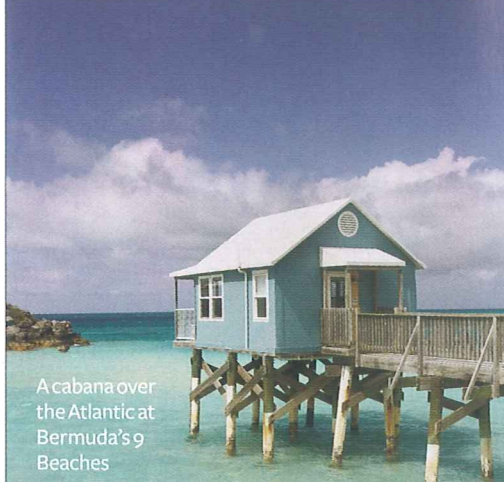


labels for the stuff kids lose!

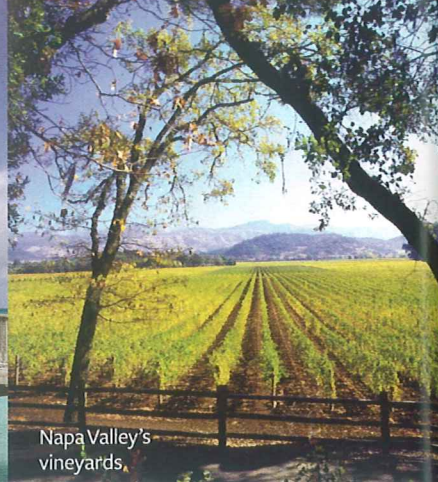
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A cabana over the Atlantic at Bermuda's 9 Beaches



Napa Valley's vineyards

THE SECOND HONEYMOON BERMUDA

STAY AT 9 Beaches, and sleep in a cabana over the Atlantic. From \$195 a night, Sandys Parish, 9beaches.com.

SPA AT Mandarin Oriental's Elbow Beach, for suites with soaking tubs for couples and oceanfront balconies. From \$620 for two hours, mandarinoriental.com.

EAT AT Ocean Grill at the Pompano Beach Club, for dramatic sunsets in a cliffside windowed dining room. pompanobeachclub.com.

Sometimes all it takes to feel like blissed-out newlyweds again is a little sand between the toes. Luckily, you don't have to go farther than a two-hour flight off the East Coast for clear blue water and pink beaches.

WHY YOU'LL LOVE IT Bermuda not only has near-perfect weather year-round (between 64 and 85 degrees F), but the island feels like a quaint British hamlet done up in pastels—it's only 22 miles from tip to tip. Legend has it that couples who kiss under the island's stone circles will have eternal happiness.

HOW TO GET THERE Several major airlines offer nonstop flights from New York, Baltimore, and Boston. You can't rent a car in Bermuda, but buses, taxis, and bikes abound, so it's easy to get around. A cab ride from the airport to your hotel will take about 50 minutes and cost around \$60.

THE BEST BABYMOON PACKAGE NAPA, CALIFORNIA

STAY AND SPA AT The Meritage Resort and Spa, for breakfast in bed, paraffin-wax treatments, massages for two, and turndown chocolate-covered strawberries and sparkling cider. From \$800 for two nights, themeritage resort.com.

EAT AT Ubuntu, and pick from vegetarian dishes that will make even carnivores' mouths water: black-truffle pizza with a fried egg, bread dumplings filled with squash, and chocolate soufflé with rosemary ice cream. ubuntunapa.com.

Stay in the States and head to the Meritage, which skips gimmicky baby-moon offerings (pregnancy portraits, ice-cream gift certificates, teddy bears) and instead just nails relaxation. Tucked into eight vineyard acres, it has lavish spa amenities and luxurious rooms—many with gorgeous views from balconies.

WHY YOU'LL LOVE IT Along with soaking pools and free yoga classes, the Meritage has a huge spa inside a wine cave, where you can receive everything from deep-tissue massages to cabernet-and-passion-fruit scrubs. Above ground, stroll along vineyard paths or pay about \$200 a person for a view of the grapes from a hot-air balloon.

HOW TO GET THERE Fly into San Francisco International or Oakland International, then rent a car; both are about 50 miles from the resort.

WHAT TO BRING

You've chosen your destination; now pack a few simple maternity items that guarantee both comfort and sexiness.



THE DAY DRESS

For soft, packable styles that will still look cute postbaby, check out Gap's maternity line. Tie-neck dress, \$60, gap.com.



THE MASSAGE OIL

This mix of argan, safflower, and jojoba oils smells incredible and keeps stretched skin supple. O-Mega body oil, \$35, mamamio.com.



THE LINGERIE

You'll want to spend the entire day in this silky set. (And who's to stop you?) Robe, \$225, and chemise, \$195, apeinthe pod.com.



THE DINNER DRESS

On nights out, wear a glam gown with pleats that fall perfectly over any bump. Marilyn dress, \$176, Egg, due maternity.com.